

# WHEELERS LANE PRIMARY SCHOOL

## PSHE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<p><b>Mental Health and Wellbeing /Anti-bullying</b></p> <p>Circle time /School council</p> <p>Rights</p> <p>Class Rules</p> <p>RSPCA Compassionate class 2 sessions - Circle time</p> <p>Going for goals SEAL planning -1.me as a learner/ barriers to learning/ ways to keep going</p> <p>Changes SEAL planning Lesson 2 surviving changes lesson</p> <p>Worcester University Moving and Moving home Circle time - texts can be found on youtube</p> <p>Sun Protection (summer term) Sun safety Pages 10-12 Sun and health Activity 1 and 2</p>					
<b>Year Four</b>	<p><b>Class Rules/Rights charter/School Code of conduct</b></p> <p><b>Community / respectful relationships</b></p> <p>1.PSHE inclusion, belonging and addressing extremism KS2 L2 Belonging to a community 1 lesson Link for Beegu text</p>	<p><b>Mental Wellbeing/Caring friendships</b></p> <p>1.Friendship tokens</p> <p>2. SEAL getting on and falling out dealing with Anger - short/long fuse</p> <p>3.SEAL changes - dealing with changes lesson 1</p> <p>4. SEAL relationships planning lesson - dealing with loss</p>	<p><b>Drugs Alcohol and tobacco/ Respectful relationships/Being safe</b></p> <p>1.Making choices</p> <p>2.Persuasion and risk taking</p> <p>3.Resisting Peer influence</p> <p>Need to Reference SEAL folder good</p>	<p><b>Healthy Eating/Physical health and fitness/Health Prevention</b></p> <p>1.Healthy Lifestyle - Influences on my decision</p> <p>2. Balanced diet - How energy is measured.</p> <p>3. to know how to balance energy in and out</p>	<p><b>Respectful relationships Being safe</b></p> <p><b>Families and people who care for me/ Being safe</b></p> <p>L1 RHE Birmingham approach Yr. 4 Lesson 1 Positive relationships p93</p>	<p><b>Basic First Aid</b></p> <p><b>1 session</b></p> <p>St John Ambulance Calling for help and Asthma</p> <p><b>Being safe</b></p> <p><b>Road safety</b></p>

	<p><a href="https://www.youtube.com/watch?v=OaX_zGZO0Y8">https://www.youtube.com/watch?v=OaX_zGZO0Y8</a></p> <p><b>Mental wellbeing/ Respectful relationships</b></p> <p>2. SEAL new beginnings folder lesson Feeling Valued and respected/create a character - 1 lesson</p> <p>3. SEAL folder PSHE KS 2 document I am a special person - valuing and respecting myself and others</p> <p>4. RHE Birmingham approach Lesson 4 in pdf <b>page 99</b> Mental wellbeing and my family</p>	<p><b>Ant- bullying Week/ Being safe/Respectful relationships/mental wellbeing</b></p> <p><b>Include</b> Birmingham approach Lesson 2 Understanding different types of bullying p94</p> <p><b>Being safe</b></p> <p>Firework Safety 1 session</p>	<p>to be me Being assertive Assertive/passive/ aggressive</p>	<p>4. PSHE Association Dental Health - importance of dental health routines</p> <p><b>Respecting ourselves and others</b></p> <p>Premier League Primary stars KS2 Diversity 1 lesson</p>	<p><b>Changing adolescent body</b></p> <p><b>Puberty</b></p> <p>Christopher Winter Lesson 2 and 3</p> <p>Puberty changes</p> <p>Puberty</p> <p>Being Safe</p> <p>NSPCC safe and unsafe touches</p>	<p><a href="https://www.think.gov.uk/resource/lesson-2-take-the-lead/">https://www.think.gov.uk/resource/lesson-2-take-the-lead/</a></p> <p><b>Lesson 2 Take the lead</b></p> <p><b>Financial capability 1 session</b></p> <p>Money Sense Folder</p> <p>How can I pay for things?</p> <p>Money Sense How do I plan a simple budget?</p> <p><b>Being safe/ Internet safety and harms/Online relationships</b></p> <p>NSPCC Share aware L1 Alex Dangers of personal photos and sharing them online</p>
<p><b>Equality Act texts</b></p>	<p>The flower - To ask questions</p>	<p>The way back home - To overcome language as a barrier</p>	<p>Dogs don't do ballet - To know</p>		<p>King and King - to understand why people choose to get married</p>	<p>Red: A Crayon's story - To be who you want to be</p>

			when to be assertive			
Skills	Creative thinking					
	Teamwork and collaboration					
	Reflective Learning					
	Resilience					
	Communication					
	Presentation					
	Empathy					
	Independent Enquiry					
	Self-Awareness					
	Sensitivity to others					
	Critical thinking					
	Effective participation					