

WHEELERS LANE PRIMARY SCHOOL

PSHE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<p>Mental Health and Wellbeing /Anti-bullying</p> <p>Circle time /School council</p> <p>Alzheimers Society - Dementia Folder KS2 3 lessons page 9 -37- Circle time</p> <p>RHE Birmingham approach Year 3 lesson 2 page 84 - How does a community support one another?</p> <p>Rights</p> <p>Class Rules</p> <p>SEAL New Beginnings Circle time session Autumn term</p> <p>Sun Protection (summer term) Care in the sun teaching pack YEAR 3 - Sun and Health and Sun protection activities P10 /P13/p14</p> <p>https://careinthesun.org/sun-protection/school-activities/</p>					
<p>Year Three</p>	<p>Class Rules/Rights charter/School Code of conduct Include</p> <p>Premier League Primary stars KS2 Do the right thing following rules and behaving responsibly</p>	<p>Mental wellbeing</p> <p>PSHE Association Mental Health and Wellbeing Yr3 / 4 sessions</p> <p>1 Everyday feelings</p> <p>2 Expressing feelings</p> <p>3 Managing feelings</p>	<p>1. SEAL planning Me as a learner and Setting success criteria</p> <p>Drugs, alcohol and tobacco</p> <p>3 sessions</p>	<p>Self esteem</p> <p>1. Premier League Primary stars KS2 PSHE self esteem 1 lesson</p> <p>2. Inclusion 1 Lesson</p>	<p>Families and people who care for me/Respectful relationships Being safe</p> <p>L1 Males /females - stereotypes</p> <p>2, Body part differences 3. Family differences/</p>	<p>Basic First Aid</p> <p>1 session</p> <p>St John ambulance</p> <p>see St John's Ambulance first aid folder Bites and stings- Calling for help and Bites and Stings</p>

<p>Mental wellbeing/ Respectful relationships</p> <p>1. SEAL new beginnings What it feels to be sad/happy/scared .Calming myself down Good to be me - SEAL</p> <p>2.. Feeling surprised Feeling relaxed SEAL Getting on and falling out</p> <p>3.. What are my triggers for anger?</p>	<p>4. RHE Birmingham Approach Year 3 Lesson 3 Page 85 Diversity in the UK (Include as part of RE lesson)</p> <p>Anti-bullying Week/Being safe/Respectful relationships/mental wellbeing</p> <p>Being safe Firework Safety 1 session</p>	<p>What is a drug? Effects of smoking Cost of smoking</p>	<p>Healthy Eating/Physical health and fitness</p> <p>1.Bacteria/viruses and germs Include https://elearning.pfizer.co.uk/superbugs/ks2/</p> <p>2.Healthy Lifestyle and benefits of exercise</p> <p>3.Benefits of food in my body</p>	<p>stereotypes of families</p> <p>4. Personal Space/ touch /unwanted touch</p> <p>Being safe/ Internet safety and harms/Online relationships</p> <p>Google and Parent Zone Lesson plan age 7-9 lesson 1 Be internet sharp and alert - protecting online reputation/reliable information P53</p>	<p>Being safe Road safety 1 session https://www.think.gov.uk/resource/lesson-1-do-you-stop-look-listen-think/ Lesson 1 Do you stop, look, listen and think? Financial capability Nat west My money sense - need to register for free https://natwest.mymoney.com/teachers/resources-8-12s/topic-4-what-are-the-links-between-jobs-and-money/ Money sense folder 1 lessons Links between jobs and money PSHE association and Gamble aware KS2 Lesson 1 Exploring risk</p>
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<p>Equality Act</p>	<p>Two monsters To find a solution to a problem</p>	<p>Beegu -To be welcoming</p>		<p>Oliver - To understand how difference can affect someone</p>	<p>This is our house - To understand what discrimination means</p> <p>The Hueys in the new jumper - use strategies to help someone who feels different</p>	
<p>Skills</p>	<p>Creative thinking</p> <p>Teamwork and collaboration</p> <p>Reflective Learning</p> <p>Resilience</p> <p>Communication</p> <p>Presentation</p> <p>Empathy</p> <p>Independent Enquiry</p> <p>Self-Awareness</p> <p>Sensitivity to others</p> <p>Effective participation</p>					