

WHEELERS LANE PRIMARY SCHOOL

PSHE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<p>Mental Health and Wellbeing /Anti-bullying</p> <p>Circle time /School council</p> <p>Rig</p> <p>Class Rules</p> <p>New beginnings Circle time activity - feelings</p> <p>Sun protection (summer term)</p> <p>The Immune system and Vaccines (link to science living things and their habitats Spring 1)</p> <p>Care in the sun teaching pack Yr 5,6,7 See folder Lesson plan 3 page 14</p> <p>https://careinthesun.org/resources/schools/</p> <p>BBCFC KS2 Lesson Let's watch a film Making choices about what to watch /Can we choose what to watch?</p> <p>Public health England Rise above KS2 Transition to secondary school Summer 2</p> <p>Guardian foundation and National Literacy trust News wise KS2 Theme 1 Understanding the news - Lesson 3 Managing feelings about the news (English Lesson - diary)</p> <p>https://www.theguardian.com/newswise/2019/oct/07/lesson-3-managing-feelings-about-the-news-pshe link needed for lesson plan</p>					
Year Six	<p>Class Rules/Rights charter/School Code of conduct</p> <p>Discuss democracy and link to how</p>	<p>Respectful relationships/ Mental wellbeing/Being safe/Families and people who care for me.</p> <p>RHE school Birmingham approach YR6</p>	<p>Drugs Education</p> <p>1. Legal and illegal drugs</p> <p>2 Attitudes and beliefs/ stereotypes</p>	<p>Healthy Eating/ physical health and fitness</p> <p>.Plan healthy menus</p>	<p>Families and people who care for me/ Being safe/ Caring friendships/respectful relationships</p>	<p>Basic First Aid</p> <p>1 session</p> <p>St John Ambulance Calling for help and Choking</p>

<p>government is elected.</p> <p>Mental health and wellbeing/ Respectful relationships</p> <p>SEAL relationships planning -</p> <p>People important to me</p> <p>Managing my feelings</p> <p>SEAL folder Good to be me</p> <p>Worried feeling</p> <p>Being Assertive</p> <p>SEAL New beginnings</p> <p>Coping with uncomfortable feelings</p> <p>PSHE association Mental Health and well being lessons KS2 Yr 5-6 Lesson 2 Managing challenges and change</p>	<p>L2 P129 Respecting differences in other people. (protected characteristics)</p> <p>L3 Challenging prejudice and discrimination</p> <p>Metro charity - KS2 gender lesson</p> <p>Anti- bullying Week/Being safe/Respectful relationships/Mental wellbeing</p> <p>Being safe</p> <p>Firework Safety see SEAL folder 1 session</p> <p>The Gift</p>	<p>3. Asking for help</p> <p>PSHE ASSOCIATION</p> <p>Inclusion and belonging challenging extremism Leson 3&4</p> <p>Stereotyping and extremism</p>	<p>.Different energy for different physical activity</p> <p>Reading food labels</p> <p>Online relationships/Being safe/ Internet Safety and harms</p> <p>Childnet Trust me Yr5/6 L2 Online contact</p> <p>https://www.childnet.com/resources/trust-me</p> <p>Birmingham approach RHE in primary schools Yr 6 L5 Page 140</p> <p>Building resilience/safety online/grooming</p> <p>Public Health England Rise above KS2 Wellbeing and social media</p> <p>Social Media PPT</p>	<p>Christopher Winter sessions</p> <p>L1 Puberty in preparation for reproduction</p> <p>L2 Different types of adult relationships</p> <p>Statutory</p> <p>L3 NON-STATUTORY Conception and pregnancy</p> <p>L4 NON-STATUTORY How a baby is born</p> <p>children can be withdrawn from non-statutory sessions</p> <p>L5 healthy/unhealthy relationships RHE Birmingham approach</p> <p>Safe and unsafe touches dealing with inappropriate touches and FGM</p>	<p>Recovery position</p> <p>Being Safe</p> <p>Road safety</p> <p>Lesson 6 Science of stopping lesson</p> <p>https://www.think.gov.uk/resource/lesson-6-science-of-stopping/</p> <p>Financial capability folder</p> <p>Money Sense use link to find interactive resources</p> <p>https://natwest.moneysense.com/teachers/resources-8-12s/</p> <p>How can I use a bank account?</p> <p>How can I keep my money safe?</p> <p>PSHE association Mental Health and well being lessons KS2 Yr 5-6 Lesson 3 transition to secondary school and</p>
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						feelings /NSPCC making sense of friendships and healthy online friendships.
Equality Act texts		Dreams of freedom To recognise my freedom	The whisperer - to stand up to discrimination		My princess boy - to promote diversity Love you forever - to consider how my life may change as I grow up	The Island - to challenge causes of racism
Skills	Creative thinking Teamwork and collaboration Reflective Learning Resilience Communication Presentation Empathy Independent Enquiry Self-Awareness Sensitivity to others					

Critical thinking

Effective participation