

WHEELERS LANE PRIMARY SCHOOL

RHE/ PSHE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<p>Mental Health and Wellbeing /Anti-bullying</p> <p>Circle time /School council</p> <p>New Beginnings SEAL L1/2 Safe and content community/ fair</p> <p>CIRCLE TIME</p> <p>We are all different activities story</p> <p>KS1 Immunity and vaccines PPT</p> <p>KS1 Hygiene - Keeping clean ppt</p> <p>SEAL getting on and falling out 2 sessions- Compliment activity and other people's point of view</p> <p>And Going for goals Feeling bored and frustrated - cover in</p> <p>CIRCLE TIME</p> <p>Rights</p> <p>Class Rules</p> <p>World environment day each year</p> <p>Summer Term 1 alongside families planning use RHE Birmingham approach Year 2 lesson 2 P71 What makes a family - circle time activity</p> <p>Summer term 1 RHE Birmingham approach YEAR 2 lesson 5 p77 Being safe with friends and families</p> <p>Sun Protection (Summer Term)</p>					

<p>Year Two</p>	<p>Class Rules/Rights charter/School Code of conduct</p> <p>Mental wellbeing/ Respectful relationships</p> <p>PSHE Association and wellbeing KS1 Lessons 2 and Good and not so good feelings and 3 Big feelings</p> <p>SEE SEAL planning folder</p> <p>New beginnings</p> <p>1.I can sometimes tell if people are feeling scared</p> <p>2.Good to be me - feeling relaxed</p> <p>3. SEAL getting on and falling out</p> <p>Being overwhelmed by feelings of anger.</p>	<p>Being safe/ Internet safety and harms/Online relationships</p> <p>1 and 2 .Thinkuknow Jessie and friends resource pack folder see pdf</p> <p>Online safety folder Lesson 3 p49 Playing games.</p> <p>Caring Friendships/ Respectful relationships</p> <p>L1 Qualities of a good friend and Strategies for positive play</p> <p>L2 PSHE Association Inclusion, Belonging and addressing extremism folder L1 Sameness and difference lesson</p> <p>Anti bullying Week/Being safe/Respectful relationships/mental wellbeing</p> <p>Include Birmingham approach Year 2 Lesson 3 page 72 Respecting differences</p>	<p>Drugs Education</p> <ol style="list-style-type: none"> 1. What is a drug? 2. What is safe or harmful? 3. Who can help us? 	<p>Healthy Eating/Physical health and fitness</p> <ol style="list-style-type: none"> 1. What is a healthy/unhealthy Lifestyle? 2. To identify healthy foods / balanced diet 3. Effects on body of eating healthily and unhealthily 4. PSHE dental health - keeping teeth healthy <p>Dental Health PSHE association KS1 lesson keeping our teeth healthy</p>	<p>Families and people who care for me/ Being safe</p> <ol style="list-style-type: none"> 1. Different types of families 2. Feelings in families - recognising feeling safe/unsafe <p>Relationships</p> <p>SEAL 3 If someone leaves they still love me</p> <p>4 I can tell when I feel cared for/love or care for someone.</p> <p>Being Safe</p> <p>5 Naming body parts (Families and people who care for me and Staying safe folder) and Safe and unsafe touches and NSPCC rule 1 session Use RHE Birmingham approach lesson 4 page 73</p>	<p>Basic First Aid</p> <p>1 session</p> <p>First Aid 1 session</p> <p>First Aid Champions</p> <p>https://firstaidchampions.redcross.org.uk/primary/</p> <p>Primary section First aid skills - Dealing with burns</p> <p>Primary section Safety calling 999</p> <p>Being safe</p> <p>Road safety 2 sessions</p> <p>https://www.think.gov.uk/</p> <p>Click on age 3-6 resources</p> <p>Safety first lesson</p> <p>Road Rangers lesson</p> <p>Financial capability session</p> <p>Money sense</p> <p>https://natwest.mymoneysense.com/teachers/resources-5-8s/</p>
-----------------	--	---	--	--	--	---

		<p>Being safe</p> <p>Firework Safety 1 session</p>				<p>Why is it important to save money?</p>
Equality Act	<p>Blown away - To be able to work with everyone in my class</p>	<p>The First Slodge - To understand how we share the world</p>	<p>The odd egg - To understand what makes someone feel proud.</p>		<p>The great big book of families - To understand what diversity is.</p> <p>Just because - To feel proud of being different.</p>	
Skills	<p>Creative thinking</p> <p>Teamwork and collaboration</p> <p>Reflective Learning</p> <p>Resilience</p> <p>Communication</p> <p>Presentation</p> <p>Empathy</p> <p>Sensitivity to others</p> <p>Effective participation</p>					