



During this half term, all of the children will be having Drugs Education lessons.

These sessions will be age appropriate and will provide the children with the knowledge, skills and understanding to make informed decisions about drugs. They will also learn how to keep themselves safe and healthy. This will also link to our Rights respecting school work, where our children will be looking at the UN convention on the rights of the child. These will include articles 24 (Health and health services) and article 33 (Drug abuse). These will be referred to and discussed age appropriately.

Listed below is the content for each year group.

All the children will be told that all medicines are drugs, but not all drugs are medicines.

If you have any questions or concerns, please contact Mrs Harte, PSHE co-ordinator.

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| In Year 1: Medicines | Having an awareness of what goes into our bodies. Healthy lifestyles. Creating clear rules about medicine taking. Understanding the dangers of medicines. Keeping Safe – and who can help me stay safe. |
| In Year 2: Medicines | Understanding a set of medicine rules. Knowing what a drug is. Understand more about medicines and how that they can enter their body. To develop greater understanding about their own health - feeling well/unwell. What to do in an emergency and keeping safe. |
| In Year 3: Smoking | Finding out about what a drug is. Knowing about the effects of smoking. Looking at the cost of smoking. Dealing with peer pressure – resisting a cigarette/unknown substance Knowing how to stay safe and who can help us. |
| In Year 4: Choices / Risk Taking | Defining medicines and drugs. Making informed choices. Looking at persuasion and risk-taking. Resisting peer influence. Knowing who can help me. |
| In year 5: Alcohol | Substance use and misuse, including alcohol. Learning about alcohol, its consequences and effects. Finding out about alcohol and the law. Looking at alcohol in the media. Dealing with peer pressure. Knowing where to go for help and advice. |
| In Year 6: Drugs | Being able to make informed choices. Dealing with peer pressure. Drugs awareness their effects and associated risks. Recognising stereotypes. Recognising the need to ask for support and knowing who to ask and how. |