

## How to support at home- Prime Areas of learning

In Nursery we focus on the prime areas of learning. These are Personal, Social and Emotional Development, Communication and Language and Physical Development as well as the specific areas.

I have put together some ideas that you can do at home to support the development of these areas.

Take care and keep safe.

Mrs Hodges

Personal, Social and Emotional Development	Communication and Language	Physical Development
<p style="text-align: center;"><b>Making relationships</b></p> <ul style="list-style-type: none"> <li>• When we are playing games make sure I am taking turns fairly.</li> <li>• When you ask me, I can talk about my friends from Nursery.</li> <li>• If someone is sad at home, I know how to make them feel better.</li> </ul> <p><b>Self-confidence and Self Awareness</b></p> <ul style="list-style-type: none"> <li>• Let me tell you how you can help me when I am making something.</li> <li>• Let me tell you all the things that I like to do or the things that I am good at.</li> </ul> <p><b>Managing Feelings and Emotions</b></p> <ul style="list-style-type: none"> <li>• Explain to me why I cannot do some things.</li> <li>• Talk to me about how to keep safe around the house or when we are out on our daily walk.</li> <li>• When I am feeling happy, sad or upset please talk to me about why I am feeling that way.</li> </ul>	<p style="text-align: center;"><b>Listening and Attention</b></p> <ul style="list-style-type: none"> <li>• Make up silly sentences with me where each word begins with the same sound.</li> <li>• Play games with me like 'I spy' and 'Simon Says.'</li> <li>• Play a treasure hunt game where I have to listen carefully to the instructions to help me find the next clue.</li> </ul> <p style="text-align: center;"><b>Understanding</b></p> <ul style="list-style-type: none"> <li>• When I am helping you clean the house, ask me what I need to use to help. When I am helping you cook ask me questions like 'what do you need to cut the apple with?' or 'Where are we going to put the cakes?' so that I can find the things we need.</li> <li>• When we are sharing a story ask me what has happened and what might happen next.</li> <li>• When I am helping to tidy up give me some instructions to follow. You might ask 'put the shoes in the cupboard' or 'Put the empty cup in the sink.'</li> </ul> <p style="text-align: center;"><b>Speaking</b></p> <ul style="list-style-type: none"> <li>• Talk me about the things you are doing around the house.</li> <li>• Talk to me about the things we did last year, last week or yesterday.</li> </ul>	<p style="text-align: center;"><b>Moving and Handling</b></p> <ul style="list-style-type: none"> <li>• Let me practice using scissors to cut paper or pictures out of magazines and catalogues.</li> <li>• Let me use play dough to make different creations.</li> <li>• Make an obstacle course in the house or the garden where I have to travel around chairs, crawl under a blanket and crawl through a cardboard box.</li> <li>• Play games with me like football or throwing balls into bowls or boxes.</li> <li>• Get me to thread plastic bottle tops with holes onto string or shoelaces.</li> </ul> <p style="text-align: center;"><b>Health and Self Care</b></p> <ul style="list-style-type: none"> <li>• Make sure I brush my teeth twice a day.</li> <li>• Remind me to wash and dry my own hands.</li> <li>• Dance with me when I hear my favourite song.</li> <li>• Make fruit kebabs or vegetable faces to help me try new foods.</li> </ul>