

WHEELERS LANE PRIMARY SCHOOL

Dear Parents and Carers

We will be teaching our Relationship and Sex Education (RSE) lessons in years 5 and 6 during the summer term. These lessons are designed to be **age appropriate**.

The school's RSE policy is available to be viewed in the school office.

Outlined below are the themes that will be covered:

Year 5

My changing body – puberty and hygiene  
Managing puberty  
Naming of body parts  
Keeping safe – Safe and unsafe touches  
Developing skills of dealing with different situations  
NSPCC underwear rule

Year 6

Varied lifestyles and families  
Feelings and relationships  
Puberty and reproduction, giving birth (including conception and birth)  
Role of the media  
NSPCC underwear rule.  
Staying safe – safe/unsafe touches  
How to deal with different situations

There will be a meeting for year 5 and 6 parents to come in and watch the DVDs for years 5 and 6 and discuss the RSE programme on:

**Thursday 27th April 8.45 – 10.00 a.m.**

**Please be aware that younger siblings will not be able to attend these meetings due to the DVD being shown.**

Mrs Harte will also be available in the small hall at **3.20pm on Thursday 27th April** to discuss any concerns you may have about these sessions.

Mrs S Pecheur  
Headteacher

Mrs K Harte  
PSHE Co-ordinator

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Name \_\_\_\_\_ Class \_\_\_\_\_

\* I am **able** to attend the year 5 and 6 R.S.E. meeting and to watch the DVDs

\* I am **unable** to attend the year 5 and 6 R.S.E. meeting and to watch the DVDs

*(\*please delete as appropriate)*

Signed \_\_\_\_\_ Parent / Carer